

**Study on Growth Monitoring in the area of Regional Director of Health Services
Gampaha.**

MD (Community Medicine) - 1991

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The main objective of the study were to make a quantitative and qualitative assessment of the performance of activities involved in growth monitoring and to determine the factors influencing; to assess the knowledge of mothers on growth monitoring and to determine the factors influencing. The study revealed that the quantitative coverage of certain activities required for growth monitoring were satisfactory and that the programme was well accepted by the mothers. Only 1.5 per cent of the CHDRR were lost. Home visiting was shown to motivate the mothers to attend clinics. The study also revealed that the knowledge of the mothers on growth monitoring was dependent on her educational level and income and that only 40 (39.2 per cent) of the PHMM had high level of knowledge on growth monitoring. Activities more specific to growth monitoring requiring better knowledge, attitudes and skills were per-formed less satisfactorily by the PHMM. It is recommended that, political commitment and better health administration is provided towards growth monitoring. Action to be taken to motivate the mothers, the PHMM and supervisors on growth monitoring by increasing the knowledge, attitudes and skills. Action to be taken to improve the existing clinic facilities and supervision of growth monitoring activities.