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**A SUCCESSFUL PREGNANCY OUTCOME AFTER REPEATED  
SPONTANEOUS ABORTION DUE TO MYOMA (*SALA'E LAIFIYA*)-A CASE  
REPORT**

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Myomas (*Sala'e laifiya* /uterine fibroids) are benign smooth muscle cell tumors found in 25-35% females of reproductive age. Myomas complicating pregnancy is a high risk in pregnancy and prevalence of uterine fibroid during pregnancy is likely underestimated. Reflecting the growing trend of delayed childbearing, the incidence of fibroids in older women undergoing treatment for infertility is reportedly 12% to 25%. Uterine fibroids associated with pregnancy are increase risk of spontaneous miscarriage, recurrent abortions, preterm labour, intra uterine growth retardation, foetal malpositions and postpartum haemorrhage. Careful surveillance during pregnancy and labour is associated with good maternal and foetal outcome. Outcome of this study is to understand the role of Unani therapy in risky pregnancy. A 35 years old female attended the Gynecology Outpatient Department at NATH with complaints of heavy menstrual flow and subfertility for 3 years. Her history reveals four consecutive spontaneous abortions, on abdominal examination firm, irregular, non-tender abdomino-pelvic mass was felt. Ultra sound scan of abdomino-pelvis reveals two fibroids masses measures 14x5x8cm in posterior wall and 5x4cm intramural fibroid on anterior wall of uterus and decision was taken to reduce the fibroid masses. She had been prescribed *Munsij va Mushil e Balgham* and *Muhallil dawa* for 3 months. After treatment ultrasound scan of abdomino -pelvis was repeated it showed multiple fibroid in 0.2x0.4cm and her symptoms were completely reduced. Then she had been received *Muqawwiyat: Hab e Hamal* and *Muhawwe Rehm* for 2 cycles and conceived on 2<sup>nd</sup> attempt. Her antenatal period was uneventful. She was admitted at 36 weeks of gestation and underwent caesarean section and delivered a live born male child with 2.6Kg with good APGAR score. This study gave an evident that effectiveness of Unani therapy in risky pregnancy without any adverse maternal and foetal outcome. Further study is needed to understand the therapeutic potency of Unani medicine and significance on these types of cases.

**Keywords:** *Myoma, Unani formulations, abortions, infertility*