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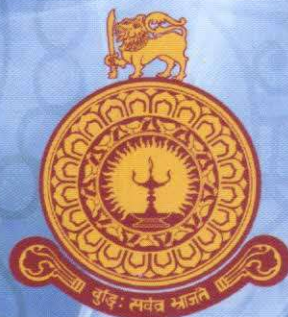


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CONCEPT OF INSHIQAKUL MIQAD (ANAL FISSURE) AND ITS RELATED CONSEQUENCES AND MANAGEMENT IN UNANI MEDICINE: A REVIEW

Al Tharique I.^{1*}, Shiffa M.S.M.², Farzana M.U.Z.N.²

¹National Ayurvedic Teaching Hospital, Colombo-08

²Institute of Indigenous Medicine, University of Colombo, Rajagiriya, Sri Lanka

*drtharique@gmail.com

Anal fissure is an ulcer in the squamous epithelium of the anus located just distal to the mucocutaneous junction and usually in the posterior midline. It typically causes pain during defecation and for one to two hours after words. It is a common anorectal condition. Both genders are equally afflicted, with a slight predilection towards males. It may also affect children. WHO projects that by 2012; approximately 7-8% peoples are suffering from anal fissure annually. The modern medicine has developed treatment of above condition but side effects have limited their role in treating anal fissure. In Unani classical texts on aetiopathogenesis, symptoms and treatments of inshiqakul miqad were appraised in contemporary era. The Unani classical text like; Al Havi, Al Akseer, Al Qanoon, Kitabul Kulliyat, Gana Mana were reviewed. Certain Unani medicine such as haleel e zard, makko, kasundi, maghz e badiyan, tamar hindi, murder singh, shibb e yamani etc are used since olden days were explored in different search machine on website to prove their effects in inshiqakul miqad scientifically. The exploration showed that, sue e mizaj garam vo khushk, warm e har, warm e sawdavi, fasad e khoon, qabs, amraz e miqad etc are causes of inshiqakul miqad. The principle of treatment depends upon the causes. The above said medicines are proven scientifically in inshiqakul miqad. Therefore it can be concluded that, the classical Unani texts are having precious information about inshiqakul miqad and that can be applied in present epoch.

Keywords: Inshiqakul Miqad; anal fissure; Unani Concept; Mizaj