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## PGE 2 EFFECT- SUDARSHANA POWDER



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27<sup>th</sup> - 29<sup>th</sup> October 2017

## PGE 2 EFFECT- SUDARSHANA POWDER

5<sup>th</sup> ICAUST 2017 – International Conference – Abstracts

Theme 09

### EFFECT ON THE PROSTAGLANDIN IN E<sub>2</sub> SYNTHESIS OF SUDARSHANA POWDER IN ANIMAL MODEL

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*Sudarshana* powder (SP) is a very effective anti-pyretic Ayurveda preparation, extensively used in Sri Lanka as well as in India. It contains 53 ingredients with *Andrographis paniculata* (Burm. F.) Nees as the main component. The aim of the present study was to evaluate the Prostaglandin E<sub>2</sub> mechanism of SP on the progression of adjuvant-induced arthritis in rats. Following the ethical clearance, arthritis was induced by a single intra-dermal injection of 0.1 ml of Freund's Complete Adjuvant (FCA) containing 0.05% w/v *Mycobacterium butyricum* suspension into a foot pad of the left hind paw of all groups of Wistar rats except healthy control. There were four experimental groups. Group I was used as the healthy control group. Group II composed of arthritic rats who received distilled water. Group III was arthritic animals treated with a standard non-steroidal anti-inflammatory drug Celecoxib (5 mg/kg) and Group IV was arthritic animals who received SP (0.5 g/kg). Following induction of arthritis, daily oral treatment was started on day 14 and continued up to day 28. Prostaglandin E<sub>2</sub> ELISA kit-Monoclonal is used for the determination of plasma PGE<sub>2</sub> mechanism of SP. All animals were sacrificed on day 29<sup>th</sup> and blood was collected and indomethacin was added immediately after whole blood collection for plasma for prostaglandin E<sub>2</sub> Enzyme-linked immune sorbent assay (ELISA). Blood was centrifuged at 1500 rpm for 10 min at room temperature. Clear plasma was aliquoted and subjected to prostaglandin E<sub>2</sub> estimation. There was a significant (p<0.001) increase observed in plasma PGE<sub>2</sub> concentrations in AIA control group, when compared to the healthy control group. In the AIA rats treated with Celecoxib and SP showed extremely significant (p<0.001) decreases in plasma PGE<sub>2</sub> concentrations. Therefore ELISA analysis of the inflammatory markers in post treatment plasma samples of AIA rats, showed a significant decrease in serum PGE<sub>2</sub> level in the SP group comparable to the standard drug Celecoxib group.

**Keywords:** Arthritis, Prostaglandin E<sub>2</sub>, *Sudarshana* powder

# **PGE 2 EFFECT- SUDARSHANA POWDER**