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09TH - 10TH AUGUST 2024



ORGANIZED BY

Faculty of Indigenous Medicine University of Colombo Sri Lanka

Department of Ayurveda Southern Province Ministry of Health, Sri Lanka

Web: https://fim.cmb.ac.lk/icaust/2024/ Email: icaust@fim.cmb.ac.lk

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EXHIBITION AND TRADE FAIR 2024

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Editor in Chief: Prof. K.R. Weerasekera

ISBN 978-624-5518-04-3

Published By

Faculty of Indigenous Medicine
University of Colombo
Rajagiriya
Sri Lanka.

10th iCAUST & 1st IRS on "De Aa Sukhi Dakshina" 2024 Abstracts - Undergraduate Research Forum

DEVELOPMENT AND ANALYSIS OF AYURVEDIC HERBAL UNDER-EYE CREAM

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Ayurveda emphasizes holistic beauty through natural skincare and individualized lifestyle practices. This study explores the formulation and evaluation of an Ayurvedic herbal under-eye cream, utilizing ingredients of Pterocarpus santalinus (Rakthachandana), Rubia cordifolia (Manjishtaa), and Glycyrrhiza glabra (Yashtimadhu) from Charaka Samhitha Varnya gana, complemented by virgin coconut oil, shea butter, beeswax, aloe vera gel, liquid germall plus, and rose essential oil. Rakthachandana reduces pigmentation, Manjishta rejuvenates the skin, and Yashtimadhu inhibits melanin deposition. These herbs, exhibit Tikta (Bitter), Kashaya (Astringent), and Madhura (Sweet) Rasa (Taste), along with Guru (Heavy), Ruksha (Rough), and Snighdha (Unctuousness) guna (Quality), Ushna (Heat) Vīrya (Energy), and Madhura (Sweet) vipaka, offer Pittahara (pacifying Pitta) Prabhava (After taste) properties, ensuring comprehensive skin care. The organoleptic evaluation revealed a pleasant odor, smooth texture, and suitable pH for healthy skin. Chemical analysis showed a moisture content of 26.3%, a total ash value of 7.8%, acid-insoluble ash of 1.2%, and water-soluble ash of 2.05%. Phytochemical screening indicated the presence of alkaloids, flavonoids, tannins, phenols, saponins, cardiac glycosides, and terpenoids, which confer antibacterial, antifungal, and antioxidant properties. Thin-Layer Chromatography (TLC) and High-Performance Thin-Layer Chromatography (HPTLC) further confirmed these bioactive compounds. This research validates the cream's efficacy, merging ancient Ayurvedic wisdom with contemporary scientific analysis, thus contributing to the development of effective herbal skincare solutions.

Keywords: skincare, herbal under-eye cream, natural beauty