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Reasons for preferring LRT over other forms of contraception and the rate of post surgical contentment in an urban population of Sri Lanka

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Patients visiting the OPD with minor ailments were interviewed by a personally filled questionnaire. Patients were allowed to answer and they were guided when necessary. Most of the patient had chosen LRT as a form of contraception due to socioeconomic reasons. Majority of patients in this group belonged to the lower middle class. Post surgical regret was definitely seen in 14 percent. Whilst there was an ambiguous group of 21 percent comprising of those who were hesitant in giving a definite reply. They too could be assumed to fall into the regretful group. Even though LRT is practiced widely as a form of family planning, the permanent nature of the procedure as well as the possible side effects should be explained and informed consent obtained before going ahead with the procedure.