

Elders' health and wellbeing in elders' homes in Sri Lanka: An exploratory Study

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This study is the first national level investigation regarding care homes in Sri Lanka. It combines quantitative and qualitative approaches to give an extraordinary insight into the challenges faced by care homes. The study analysed the current situation of elders' homes by capturing the situations of care delivered by these elders' homes and assessing the quality of life of the elderly living in elders' homes. A majority of the elders' homes are just shelters for the elderly who have no relatives to look after them. As a consequence, they have moved into these homes just for shelter. Although there are a few properly managed elders' homes belonging to private owners as well as some located in religious places, it is quite appropriate to introduce an important regulatory mechanism to monitor the status of those homes on a regular basis. Overall, the study recommends that the government, and most importantly, the private sector, develop an aged care industry in order to capture and resolve the issues that Sri Lanka will encounter in relation to the rapid ageing process taking place in Sri Lanka.

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