

A study on standardization and weight reducing property of
Amrutadi Guggulu



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M.Phil (Ayurveda)-2009

2007/03

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Conclusions

Ayurvedic drugs can be developed as value added standard drugs according to standard methods mentioned in Pharmacopoeias. Therefore standardization of the herbal drugs is the need of the time to provide evidence of the safety of the herbal medicines.

Standardization and conversion into a tablet form could be achieved with regards to the *Amrutadi Guggulu*.

The analytical results pertaining to the standardization procedure could be developed as references of standardizing *Amrutadi Guggulu*.

The drug is not toxic to rats and therefore could recommend for human beings also.

The test drug *Amrutadi guggulu* tablets possess a body weight reduction property which is proven by the clinical study with obese subjects.

It was also proved that the *Amrutadi Guggulu* significantly reduced the major signs and symptoms of *Athisthaulya* and Anthropometric indices. Therefore the drug can be used as a value added standard herbal drug with safety and efficacy to reduce the weight in the management of *Athisthaulya*.