

“Tirai” (*Glinus oppositifolius linn*) as a substitute for
“Shahtira” (*Fumaria officinalis linn*) with special reference to
their Musaffi e Khoon (Blood purifier) property



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Conclusion

The Mizaj of Tirai (*Glinus oppositifolius Linn*) is Garam va Khushk (Hot & Dry) in accordance with the Unani concept. The Qiyas (Hypothesis) of Unani concept on identifying the actions of an unknown drug suggests that Tirai (*Glinus oppositifolius Linn*) possesses the Musaffi e Khoon (blood purifier) property similar to that of Shahtira (*Fumaria officinalis Linn*).

According to the result of the clinical study Tirai (*Glinus oppositifolius Linn*) reduces the signs and symptoms caused by Fasad e Khoon (Impure state of blood) condition. Hence it possesses Musaffi e Khoon (blood purifier) property.

The Tirai (*Glinus oppositifolius Linn*) and Shahtira (*Fumaria officinalis Linn*) have number of morphological characteristics in common. Therefore, they possess similar therapeutic effects according to Unani theory.

The TLC fingerprinting indicates that these two drugs also possess similar compound that have similar chemical behaviours. Therefore, they act in similar way.

On the basis of these studies, Tirai (*Glinus oppositifolius Linn*) is the Badal e Haqeeqi: (Real Substitute) for Shahtira (*Fumaria officinalis Linn*).

Further studies are needed to isolate the active principles responsible for the total effect of Musaffi e Khoon (Blood purifier)