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Assessment of growth monitoring and activities related to the growth promotion of children aged one to three years in Colombo Municipality Council area.

MSc.(Community Medicine) - 2002

D 1022

The main objective is to determine factors influencing growth monitoring, to assess growth promotional activities and the skills of mothers in interpreting growth curves in CHDR and also to determine the service factors for growth monitoring provided by the CMC. The study revealed 99 persons of the children possessed CHDR. 85 persons of the children of the study area attend to CWC in the CMC. Knowledge of mother on frequency of weighting, has significantly improved the weighting of the children. Dropouts have significantly reduced when the birth space from the immediate younger sibling is less than one year. Fathers lacking school education have significant adverse effect on the weighting of the children. The type of clinic attending has not shown effect on the frequency of weighting.